



Bell Schedule

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 - 3:25



My Weekly Planner Flex Booking System Started Monday, February 10

- Follow the link below (also found on HWSS) website
- Log in with your student number and password
- Enter numbers only for your student number
- Your default password is your student number
- Set new password on first log in
- Instructions to book your flex space were emailed to you

https://hwss.myweeklyplanner.net

FLEXpectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12s only
- The Library is a place for quiet work and is for Grade 11s & 12s only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



AP Calculus Exam

Dates Jan. 27 to Feb. 14

If you would like to write the AP Calculus AB exam in May, please email Ms. Mazzucco (rmazzucco@sd43.bc.ca) by Friday, Feb. 14.



Course Requests

Dates January 29 to February 14

Reminder to all grade 9-11 students to put in their course requests for next year.

For 9's going into 10: Wednesday, Jan. 22nd – FRIDAY Feb. 14th2025

For 10's going into 11: *Thursday, Jan. 23rd– FRIDAY Feb. 21st2025*

For 11's going into 12: *FRIDAY*, *Jan. 24th– Friday Feb. 28th, 2025*

There will be assistance for those who need it during FLEX in the library computer lab:

February 10-14th...the whole week!

COURSE SELECTION HELP AT FLEX

Library Computer Lab

February 10 to 14th

Monday, Tuesday, Wed, Thursday, Friday

Course Request Due Dates

The Portal Is



□ FRIDAY Feb. 14th 2025 (Current Grade 9's)

□ FRIDAY Feb. 21st2025 (Current Grade 10's)

□ Friday Feb. 28th, 2025 (Current Grade 11's)





<u>Attention: International Students</u>

"International Students who are up for renewal: The deadline for International students to pay program fees for the next school year is March 1, 2025. Students are not guaranteed their place in our school after this date."

The firm deadline to have money received via bank wire, cheque, or credit card is March 1, 2025.

Students who pay late will pay a \$500.00 penalty and may lose their school placement. We really want to avoid students losing their placement, so please remind the students regarding this deadline. After the deadline date, space at schools is based on availability.

DIN YOUR STANDARD TO THE REPORT OF THE PROPERTY OF THE PROPER

SALE EXTENDED UNTIL FEBRUARY 16

WE WILL HAVE NONE FOR SALE IN PERSON - BUY NOW OR LOSE OUT!

PAY ON SCHOOLCASHONLINE \$60 ONLY A FEW LEFT! DON'T MISS OUT!

TIMBITS AND DONUTS
FUNDRAISER

FRIDAY, FEBUARY 14TH AT LUNCH IN THE GRANDHALL PR

PRE ORDER-->

BARRY SULLIVAN LAW CUP

- THE CANADIAN BAR ASSOCIATION IS HOSTING THE BARRY SULLIVAN LAW CUP – A PROVINCE WIDE PUBLIC SPEAKING COMPETITION.
- HAPPENING APRIL 11TH, 2025
- UBC ROBSON CAMPUS
- STUDENTS ARE TO WRITE A FIVE MINUTE SPEECH
 ON THE FOLLOWING TOPIC
- "WHAT DOES THE RULE OF LAW MEAN TO YOU, AND WHAT IMPACTS, IF ANY, DO YOU THINK GLOBAL TRENDS WILL HAVE ON THE RULE OF LAW IN CANADIAN SOCIETY?
- APPLICATIONS DUE BY MONDAY MARCH 3RD
- ONLY TWO STUDENTS PER SCHOOL (GR. 10,11,12)
- IF INTERESTED SEE MRS. PAVAN OR MR. AITKEN



- PARTICIPANTS CAN WIN THE FOLLOWING CASH PRIZES:
- 1ST PLACE: \$1,000
- 2ND PLACE: \$500
- 3RD PLACE: \$250



2025



ELEMENTARY

July 8 - July 25, 9:00am - 12:00pm

8 LOCATIONS

Courses: K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated Studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!

04MAR

Registration 6:00am

Free to all BC residents, SD43 Residency requirements apply.

Registration 6:00am

07MAR

MIDDLE

July 8 - July 25, 8:45am - 11:45am

3 LOCATIONS

Courses: Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated Studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more!

Free to all BC residents, SD43 Residency requirements apply.

SECONDARY SKILL BUILDING

July 8 – July 25, 8:30am - 11:30am OR 12:00 - 3:00pm

2 LOCATIONS

Courses: English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 for Science and Math is only available by school referral.

07MAR

Registration 6:00am

Free to all BC residents, SD43 Residency requirments apply.

Registration 6:00am

06MAY

SECONDARY FULL CREDIT

2 LOCATIONS

July 2 - August 7 (6 weeks) 8:00am - 11:30am OR 12:00pm - 3:30pm

Face-to-Face or Online Blended Fast Track Courses: Life Science11, Anatomy & Physiology 12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11, Science 10. Free to all BC residents, SD43 Residency requirements apply.

SCHOODISTRIC USTRIC 43 Cognition

www.sd43SummerLearning.ca/Phone 604-936-4261

The Drowsy Chaperone - A Musical



Heritage Woods Theatre presents: The Drowsy Chaperone. When a die-hard theatre fan plays their favorite cast album, the characters come to life in this hilarious Tony Award-winning musical farce.

Director & Choreographer - Julia MacLean Artistic Director - Shanda Walters Music Director - Hayley Perkins Technical Director - Olivia Niese

The cast and crew of this event are composed entirely students of Heritage Woods Secondary.

https://www.brownpapertickets.com/event/6504941



THURSDAY: CONNECTION

Kindness connects people watch the video to see why!

"Sometimes it takes only one act of kindness and caring to change a person's life."

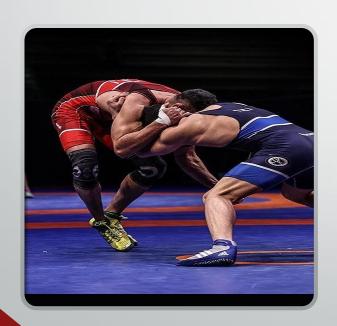
—Jackie Chan



KODIAK ATHLETICS



Congratulations to the HWSS Wrestling Team members that competed and finished in the Top 5 of the Fraser North Zone Wrestling Championship. Up next, the 2025 BCSS Wrestling Championships February 20-22 at the Forum.



- Markus L., Gold (Zone Champion)
- Jasper J. Gold, (Zone Champion)
- Reese D., Silver
- Eilia K., 4th Place
- Yashar J., 5th Place
- Alexandria L., Gold (Zone Champion)



Heritage Woods Hockey Try-Outs

Wednesday Feb 19 2:15-3:45pm at Planet Ice

Please arrange a ride to the arena and inform your teachers that you will be missing half of block 4 and block 5 that afternoon. Please have your parents call into the school office to let them know of your early dismissal.

If you have any questions, please email Mr. Ferrante or Ms. Rampuri



Tryouts

Monday, February 24th after school on the turf Thursday, February 27th after school on the turf

Rugby Practice

First two dates and times for Rugby practice have been booked.

Dates: Thursday, February 13th (tomorrow) & Thursday, February 20th

Location: HWSS Gym

Time:

Thursday, Feb. 13: 3:45 – 5:15 PM

- Thursday, Feb 20: 5:15 – 7:00 PM

Dress code (IMPORTANT):

Students will be required to wear non-marking shoes in the gym to preserve the floors. This means that Timberlands, boots of any kind, Birkenstocks, Blundstones, crocs DO NOT meet the footwear policy.

Feel free to come see Ms. Fang in room 134 or email her at kfang@sd43.bc.ca if you have any questions or concerns.



Congratulations to the Ski and Snowboard Team on a successful Fraser North Championships. Our team results are:

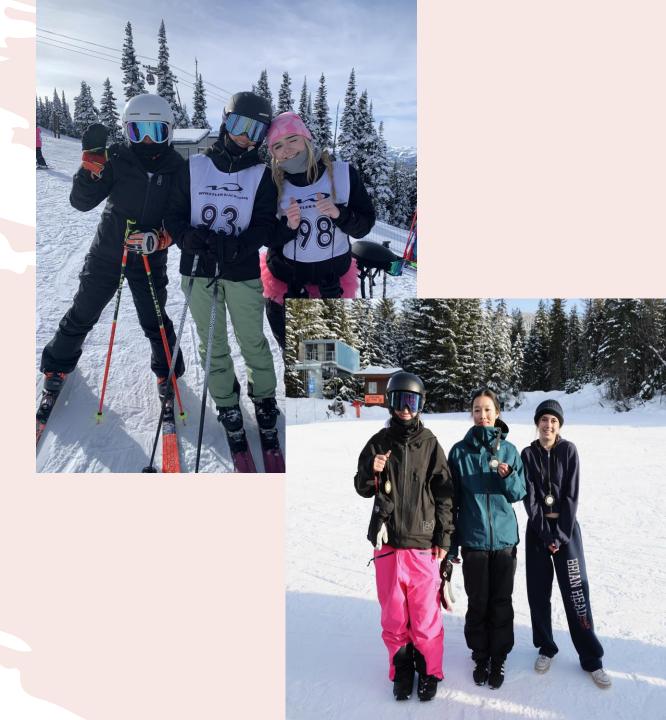
GIRLS SNOWBOARD TEAM - 2nd

BOYS SNOWBOARD TEAM - 4th

JONAS M.- gold (boys snowboarding)

MIRANDA C. – silver (girls snowboarding)

HANNAH L. – 4th (girls skiing)
February 13



CAREER



Interested in Policing?

- The Port Moody Police Department is hosting a free program for youth in Grades 11-12.
- The program is designed to introduce students to policing as a career and will allow students to earn volunteer credits (30 hours) that you can apply towards graduation.
- The program will be run out of the Port Moody Police Department on St. John's Street
 - See Mr. Aitken in Room 240 or Mrs. Pavan in Room 209 for more information and to pick up an application sheet. Application deadline is February 28th, 2025







BCIT JILL OF ALL TRADES APRIL 10TH, 2025

- 1-DAY event for female students grades 9-12
- Transportation & lunch provided
- Hands-on and interactive experience
- Get a behind-the-scenes look at BCIT's state-of-the-art facilities, interact with industry professionals

BCIT

CONTACT: AIMPELLEZZERE@SD43.BC.CA

BCIT Jill of All Trades April 10, 8am – 3pm

JILL OF ALL TRADES IS A HANDS-ON, IN-THE-SHOP EVENT DESIGNED TO INSPIRE STUDENTS TO EXPLORE CAREERS IN THE SKILLED TRADES. IT'S OPEN TO STUDENTS IN GRADES 9-12 WHO IDENTIFY AS FEMALE OR ARE GENDER DIVERSE. PARTICIPANTS WILL GET AN EXCLUSIVE BEHIND-THE-SCENES LOOK AT BCIT'S STATE-OF-THE-ART FACILITIES, INTERACT WITH INDUSTRY PROFESSIONALS, AND ENGAGE IN A SERIES OF INTERACTIVE WORKSHOPS ACROSS A VARIETY OF TRADES, INCLUDING:

- IRONWORKING
 - MACHINING
- CABINETMAKING (JOINERY)
- MOTORCYCLE TECHNICIAN
- DIGITAL COMMUNICATIONS AND WIRELESS TECHNOLOGIES
 - SHEET METAL
 - AUTO BODY AND COLLISION TECHNICIAN AND MORE!

APPLICATION PROCESS:

- ALL APPLICATIONS MUST BE PRINTED AND SUBMITTED AS HARD COPIES.
- APPLICATIONS MUST BE COMPLETE WITH ALL REQUIRED INFORMATION AND SIGNATURES. INCOMPLETE APPLICATIONS MAY NOT BE CONSIDERED.

SUBMISSION DETAILS:

- STUDENTS SHOULD SUBMIT THEIR APPLICATIONS TO MS. BUTLER
- APPLICATIONS DEADLINE FRIDAY, MARCH 07TH, 2025 BEFORE 3PM
 - JILL OF ALL TRADES APPLICATION SEE MS. BUTLER OR VISIT
- HTTPS://WWW.SD43.BC.CA/CAREERPROGRAMS/0DOCUMENTATION/JO AT%202025-%20APPLICATION%20PACKAGE%20%20(1).PDF



greenbricks

GREEN COLLAR FUTURES

VIRTUAL CAREER CONFERENCE

for students grades 9-12

The "green economy" is changing the workplace in B.C. Learn about exciting and endless career opportunities.



Saturday, March 1st 2025:

9:00 am - 3:00 pm, Held virtually via Zoom.



You could win a \$500 scholarship!

REGISTER FOR FREE

www.greenbricks.ca

Registration is limited and a school limit may apply



More than a career fair, this conference connects you with dynamic people thriving in a green collar career.



Many careers are represented like hydrologist, environmental lawyer, affordable housing developer, interior designer, landscape architect, sustainable fashion entrepreneur, robotics engineer, lighting physicist and sustainable financial advisor.



You could win a \$500 scholarship!

Spring Break Workshop at SFU

Spend a morning at SFU and dive into the world of Communication with a workshop, campus tour and lunch with a student ambassador.

This free workshop, led by one of our faculty members, introduces students to a key topic in Communication studies, followed by a minicampus tour with a student ambassador followed by a free lunch.

Wed. March 19, 2025 | 10:00 am - 12:30 pm

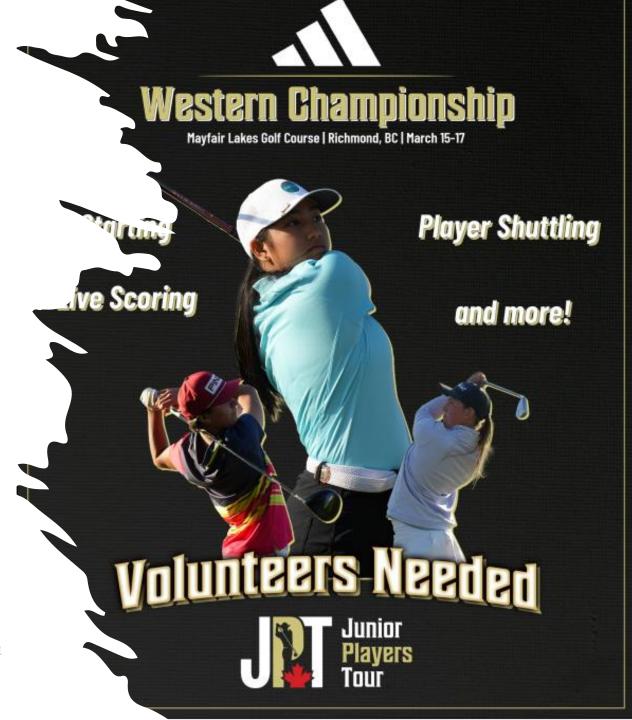
Where: SFU Burnaby Campus. Registrants will be emailed the meeting spot the day before the event.

https://events.sfu.ca/event/43449communication-in-action-workshop-at-sfu



Volunteer Opportunity at JR Golf Events

- Introducing the **Junior Players Tour (JPT).** Our events bring together talented young players from across the region, helping them develop their skills in a professional, tournament-style environment.
- We are looking for **enthusiastic volunteers** to support our events this season. This is a great opportunity for students to gain hands-on experience in sports event management, develop leadership skills, and be part of an exciting junior golf tour.
- Volunteer roles include:
- Assisting with event setup and operations
- Scoring and leaderboard management
- Player support and on-course assistance
- General event coordination
- This experience is ideal for students interested in sports management, event planning, or community involvement. Volunteers will receive a JPT merch pack with an adidas polo and a JPT hat. Volunteers will also receive a lunch everyday that they volunteer.
- To see full list of events and to register to volunteer visit the HWSS employment & volunteering page:
- https://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/EmploymentVolunteering.aspx#/=



BCIT BIG INFO Night

- Big Info is the largest program expo and information session at BCIT. It's your chance to find out about all our programs

 from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, and applied and natural sciences.
- It's free. It's lively. It's a night of possibilities.
- Join us in person on Wednesday, February 19 from 4:00 – 7:00 p.m. at our Burnaby Campus.



Feb. 19, 4 - 7pm

- This is a great opportunity to speak 1:1
 with advisors from a plethora of BCIT
 programs as well as info sessions for
 Nursing, Computer Science, MRI, Civil
 Engineering, Sonography and more
- Register at:

https://www.bcit.ca/about/visit/biginfo/?





Spring Break Volunteer Opportunity

- Soccer Camps at Pitt River Middle School fields
- Please use the Volunteer Youth Mentorship in Sports Leadership Program registration form link below.
- https://forms.gle/14PTpi6Ug9FnMSSE9

• Soccer Camp dates: March 17th-21st

Volunteer Hours: 9:30am - 12:30pm

• Camp runs: 10:00 am - 12:00 pm

- Great opportunity to get in some volunteer hours helping kids at spring break soccer camps
- Do not wait to register secure your spot today.